

What I should already know?

People who live in my house.
How to role play in a house.
Who is a friend.

Key Questions

Can you name the members of your family? Can you talk about the things you like to do as a family?
What special events have you shared together as a family?
What do you want to be when you grow up?
What do we have in common with each other?
Why is it important to keep active and eat healthy?

What I will know by the end of this unit?

Be able to identify some parts of their body.
Know the effects exercise has on their bodies.
Have some understanding of growth and change.
Fruit and vegetables are healthy and we need to try and eat 5 portions a day.
Eye colours are blue, brown or green (or somewhere inbetween!).

In Year 1 children will:

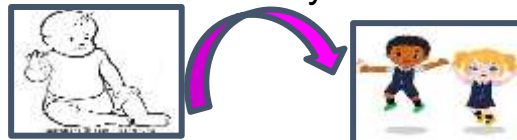
There are many different humans and animals with different characteristics.
Humans have senses to help individuals survive.
Humans and animals need food to survive.
Humans and Animals need a variety of food to help them grow, repair their bodies, be active and stay healthy.

Vocabulary

Hair, head, ears, eyebrows, eyes, nose, mouth, chin
Baby, toddler, infant, exercise, pulse, heartbeat.

Knowledge

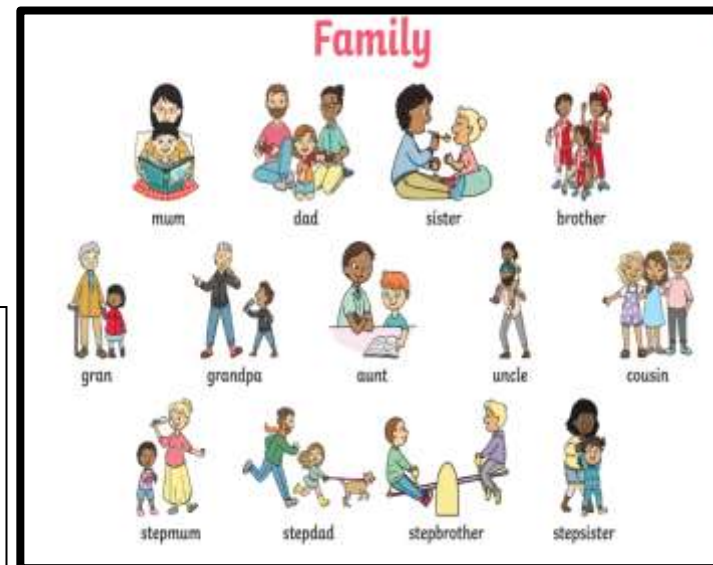
“When I was a baby..”



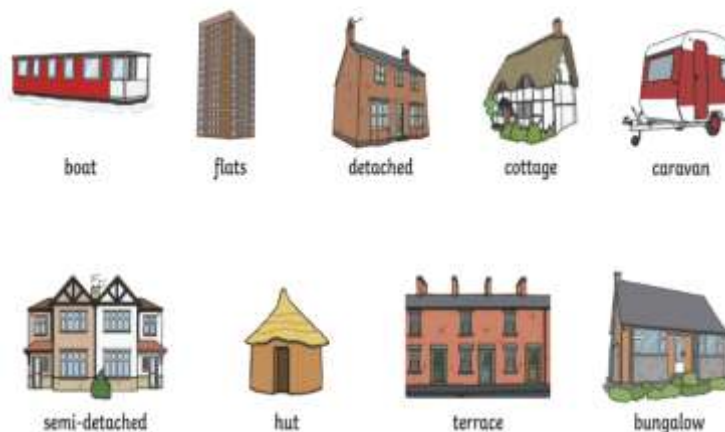
“Now that I am older I

Possible Experiences

Photos of children & family - Who are you? (Familiar people)
Dressing up
Culture small world people
Home corner - imitates every day actions, cup of tea, ironing, washing
Can talk about the things that make them unique



Houses and Homes



Books



Songs and rhymes

Heads, shoulders, knees and toes
Days of the week
Months of the year
All by myself



Areas of Development Reception – All about me

Personal, Social and Emotional Development

Learning about the school rules
Sharing and getting on with others -help in resolving conflict.
Friendships
Similarities and differences between themselves and others
Enjoys a sense of belonging through being involved in daily tasks
Emotions- fears - likes, dislikes

Expressive Arts and Design

Mirroring what is observed, adding variations and doing it spontaneously
Experiencing and mixing with colours.
Sing and perform nursery rhymes
Imaginative play based on their own families/ house.
Plays alongside other children who are engaged in the same theme

Physical development

Squiggle to Wiggle
Runs with spatial awareness and negotiates space, adjust speed or direction to avoid obstacles
Can balance on one foot
Throw and catch a large ball, beanbag or an object.
Hold pencil/paint brush beyond whole hand grasp.
Draw lines and circles using gross motor movements.
To make marks on paper.
Cut along a straight line with scissors
Begin to handle tools, objects, construction and malleable materials with increasing control.
Can say how physical activity effects their body.
Can name and identify different parts of the body

Understanding the world

To know about their own life story and know they have changed.
Know about features of the immediate environment.
To explore and ask questions about the wild area.
Talk about my family and routines.
Talk about what we did at the weekend.
Knows some of the things that make them unique.
Talk about things that are the same and different in our families.